

Ruth Houston Barrett

1129 10th Street, Hermosa Beach, CA 90254

ruthhouston.barrett@gmail.com
(310) 995-9356

PhD in Marriage & Family Therapy
Strong Research, Writing, Statistics,
Clinical, and Teaching Skills

Areas of Expertise

Research:

Co-principal investigator
Advanced methodologies:
Qualitative, quantitative,
mixed methods, etc.
Presentations, publications
Grant-writing (NIH) training
and experience

Theory & Practice:

MFT modalities: structural,
strategic, narrative, etc.
Addressing gender, power,
social justice, and diversity
Sitting for Licensure Exams
Supervision and advanced
supervision training

Analysis & Statistics:

SPSS
Structural equation models
Factor and path analysis
Regression analysis
Power analysis
Missing data analysis and
strategies, screening

Education

- Sept 2012 **PhD, Marital & Family Therapy** – *summa cum laude*
Loma Linda University, Loma Linda, CA (COAMFTE accredited)
Doctoral Concentration: Advanced Research Methodologies
Dissertation: “The Couple’s Relationship with Diabetes:
Transformation, Partnership, and Management”
- 2006 **Advanced Statistical Training:**
Structural Equation Modeling: Inter-University Consortium for Political
and Social Research (ICPSR), University of Michigan
- 2002–04 **MA, Marriage & Family Therapy** – *magna cum laude*
Pacific Lutheran University, Lakewood, Washington (COAMFTE)
- 1984–86 **MS, Electrical Engineering, University of Southern California**
Full Graduate Fellowship, Hughes Aircraft Co.
- 1980–84 **BS, Electrical Engineering, University of California, Los Angeles**

Teaching Experience

- 2005–present **Loma Linda University, Loma Linda, CA**
Instructor: Research Tools & Methodology: Quantitative – masters level
Teaching Assistant: various graduate courses in MFT
- 2002–2004 **Tulane University, New Orleans, LA**, Online grading and web content

- 2001–2003 **Grays Harbor College, Aberdeen, WA**, Instructor of algebra, statistics
- 1992 **Union Institute, Cincinnati, OH**, Instructor of statistics and research
- 1990 **Hughes Aircraft Co., El Segundo, CA**, Instructor, fiber optics systems
- 1987 **TRW, Redondo Beach, CA**, Satellite communications systems

Research Experience

- 2012–present **Director of Programs and Research**
Marriage & Family Research Institute, Hermosa Beach, CA
Non-profit center for outcome and process research and therapy
- 2004–2012 **Loma Linda University, Loma Linda, CA**
Counseling & Family Science Department
- 2005–2012 Personal research focus: psychosocial adaptation to diabetes
- 2006–2012 Co-Principal Investigator: Physician Families Research Project
- 2006–2010 Research Assistant to the Director of Research
- 2004–2006 Research Assistant, Social Action Community Health System Clinics

Clinical Experience

- Jan 2013 Sitting for California BBS Licensure Exams
- 2009–present **Connecting! Mental Health & Education, Redondo Beach, CA**
California Victims of Crime Program
- 2007–08 **Center for Collaborative Consultation, Los Angeles, CA**
- 2005–07 **Loma Linda University, Marriage & Family Therapy Clinic, San Bernardino, CA**
- 2003–04 **Good Samaritan Behavioral Healthcare Clinic, Puyallup, WA**
- 2003 **Marriage & Family Therapy Center, Pacific Lutheran University Lakewood, WA**

Professional Editing Experience

- 2011–present **eWorldEditing.com Inc., Eugene, Oregon**
Technical editing of research papers for academic publication, primarily for speakers of English as a second language, on topics including psychology, business, and engineering
- 2011–present **ProofreadingPal LLC, Iowa City, Iowa**
Technical and other editing for a wide variety of words, including dissertations, graduate theses, and scientific and academic publications

Systems Engineering Experience

1992–95	Serv-Air, Inc., E-Systems , Lexington, KY, Senior Project Engineer
1988–91	Hughes Aircraft Co. , El Segundo, CA, Senior Member Technical Staff
1986–88	TRW , Redondo Beach, CA, Senior Member Technical Staff
1864–86	Hughes Aircraft Co. , El Segundo, CA, Member Technical Staff
1834–84	TRW , Redondo Beach, CA, Summer Intern, Member Technical Staff

Publications

Houston-Barrett, R. A., & Wilson, C. M. (2012). Couple's relationship with diabetes: Means and meanings for management success. *Journal of Marital & Family Therapy*, doi. 10.1111/j.1752-0606.2012.00322.x

Stuchell, S. C., & Houston-Barrett, R. A. (2010). Clinical update: Financial strain; Money matters! In marriage and family therapy. *Family Therapy Magazine, The American Association for Marriage and Family Therapy*. November.

Houston-Barrett, R. A., & Stuchell, S. C. (2010). Did you know? Vigorous exercise makes a difference in children's psychological health. *American Association for Marital and Family Therapy, California Division Newsletter*. Winter.

Stuchell, S. C., & Houston-Barrett, R. A. (2009). Did you know? New faces of China: Young women seek success and family honor via "knife-cut beauty." *American Association for Marital and Family Therapy, California Division Newsletter*. Fall.

Houston-Barrett, R. A., & Stuchell, S. C. (2009). Did you know? Culture makes a difference in diagnosis, symptoms, and treatment. *American Association for Marital and Family Therapy, California Division Newsletter*. Spring.

Stuchell, S. C., & Houston-Barrett, R. A. (2008). Did you know? Loneliness reflects disconnection, in more ways than one. *American Association for Marital and Family Therapy, California Division Newsletter*. Fall.

Houston-Barrett, R. A., & Stuchell, S. C. (2008). Did you know? Marriages seem to be becoming more stable. *Association for Marital and Family Therapy, California Division Newsletter*. Summer.

Stuchell, S. C., & Houston-Barrett, R. A. (2008). Did you know? High SES: A surprising risk factor for teen depression, anxiety, social isolation, and substance abuse. *American Association for Marital and Family Therapy, California Division Newsletter*. Spring.

Stuchell, S. C., & Houston-Barrett, R. A. (2007). Did you know? Housework hits home for marital quality. *American Association for Marital and Family Therapy, California Division Newsletter*. Fall.

Houston-Barrett, R. A., & Stuchell, S. C. (2007). Did you know? MFT is more spiritually focused than other mental health fields. *American Association for Marital and Family Therapy, California Division Newsletter*. Summer.

Houston-Barrett, R. A., & Stuchell, S. C. (2007). Did you know? Family therapy is effective treatment for adolescent diabetes. *American Association for Marital and Family Therapy, California Division Newsletter*. Spring.

Stuchell, S. C., & Houston-Barrett, R. A. (2006). Did you know? Fatherhood is being redefined. *American Association for Marital and Family Therapy, California Division Newsletter*. Fall.

Houston-Barrett, R. A., & Stuchell, S. C. (2006). Did you know? Mothers who work are role models for their children. *American Association for Marital and Family Therapy, California Division Newsletter*. Spring.

Book Chapters:

Wilson, C. M., Houston-Barrett, R. A., & Stuchell, S. C. (2013). Missing data. In R. Miller & L. Johnson (Eds.), *Advanced Methods in Family Therapy Research: A Focus on Validity and Change* (Forthcoming).

Houston-Barrett, R. A. (2013). Death of a child as a cause for Divorce. In R. E. Emery (Ed.) *Cultural Sociology of Divorce: An Encyclopedia*, Sage (Forthcoming).

Houston-Barrett, R. A. (2013). Maternal employment and effects on children following divorce. In R. E. Emery (Ed.) *Cultural Sociology of Divorce: An Encyclopedia*, Sage (Forthcoming).

Stuchell, S. C. & Houston-Barrett, R. A. (2013). Deadbeat dads. In R. E. Emery (Ed.) *Cultural Sociology of Divorce: An Encyclopedia*, Sage (Forthcoming).

Soon-submitted manuscripts:

Houston-Barrett, R. A., Wilson, C.M., & Giang, D. Are women physicians changing the practice of medicine? In diagnosis and treatment.

Houston-Barrett, R. A., Wilson, C.M., & Fox, C. Are women physicians changing the practice of medicine? Patient education, communication, and counseling.

Houston-Barrett, R. A., Wilson, C.M., & Riggs, M. The couple's relationship with diabetes: Transformation, partnership, and management.

Presentations

2007 "Towards Egalitarian Partnerships: Addressing Gender and Power in Couples," AAMFT 65th Annual Conference, Long Beach, CA. October 13, 2007.

2010 "Systematic Review: Are Women Physicians Changing the Practice of Medicine?" National Council on Family Relations (NCFR) 72nd Annual Conference, Minneapolis, MN, November 4, 2010. (*unable to attend*)

Honors & Affiliations

National Dean's List – every quarter in 2003, 2004, 2005, 2006 (PhD GPA 3.97)

Doctoral Class Vice-President – Loma Linda University Department of Counseling and Family Sciences Student Body 2005–2007

AAMFT – American Association for Marriage and Family Therapy

AAMFT-CA – American Association for Marriage and Family Therapy California Division

CAMFT – California Association of Marriage and Family Therapists